

ABOUT NARCOTICS ANONYMOUS

Narcotics Anonymous is a non-profit fellowship or society of men and women for whom drugs have become a major problem. NA provides an interlinked recovery program and anonymous peer support network. Membership is open to all drug addicts, regardless of particular drug/s or combination of drugs (including alcohol) used, quantities used, and in which circumstances they were used. NA's fellowship focus remains on the individual's identified need for help, and how they can best assist that individual.

Narcotics Anonymous is a worldwide fellowship of recovering addicts whose primary purpose is to help addicts stop using drugs by utilizing a twelve step approach. NA is not a religious organization and does not require any particular belief system. It teaches basic spiritual principles such as honesty, open-mindedness, and willingness, to name a few. The specific practical application of these principles is determined by the individual member. NA members learn from one another how to live drug-free and recover from the effects of addiction. Although not associated with any religion, political group, organization, or institution, NA cooperates with professionals and the public by providing information about the fellowship

ABOUT NARCOTICS ANONYMOUS SURVEY 2020

We collect this data to provide information about NA Fellowship to strengthen our public relations efforts and to learn more about our programme of recovery is working in the lives of our members.

- The survey was voluntary and anonymous
- 468 NA Members responded within a 4 week period across South Africa

NARCOTICS ANONYMOUS SURVEY 2020

Pr-chair@na.org.za
www.na.org.za

NARCOTICS ANONYMOUS MEMBER DEMOGRAPHICS

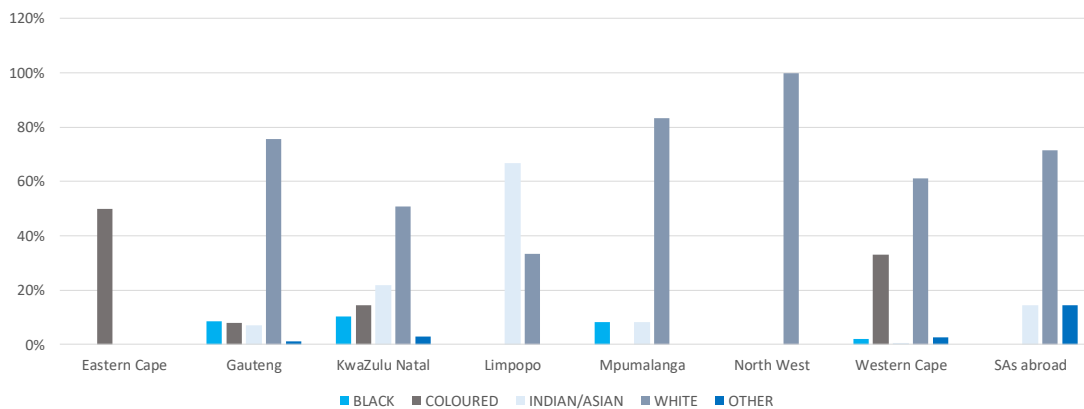
Narcotics Anonymous is composed of people who come from many races, cultures, age groups, professions and backgrounds. The only requirement to become a NA member is the desire to stop using drugs. The decision to become a member in the NA Fellowship rests with the individual. There are no annual dues or fees for membership.

Narcotics Anonymous itself is a non-religious program of recovery - each member is encouraged, however, to cultivate an individual understanding (religious or not) of the spiritual principles informing the recovery program, and to apply these principles in everyday life. There are no social, religious, economic, racial, ethnic, national, gender or class-status membership restrictions. There are no dues or fees for membership – many members, however, voluntarily contribute at meetings to help cover expenses incurred (e.g., for the rent of facility space).

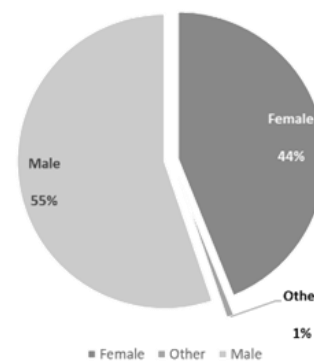
COMPARISON TO 2013 NA SURVEY

- Female membership went up from **38% in 2013 to 44% in 2020**
- Black/African membership went up from **2% in 2013 to 6% in 2020**
- Eastern Cape membership went up from **2% in 2013 to 3% in 2020**
- KZN membership went up from **8% in 2013 to 15% in 2020**
- Limpopo, Mpumalanga and North West province all established new fellowships

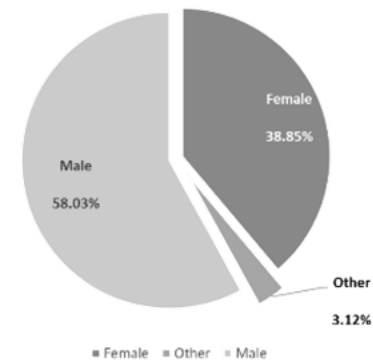
NARCOTICS ANONYMOUS DEMOGRAPHICS PER PROVINCE



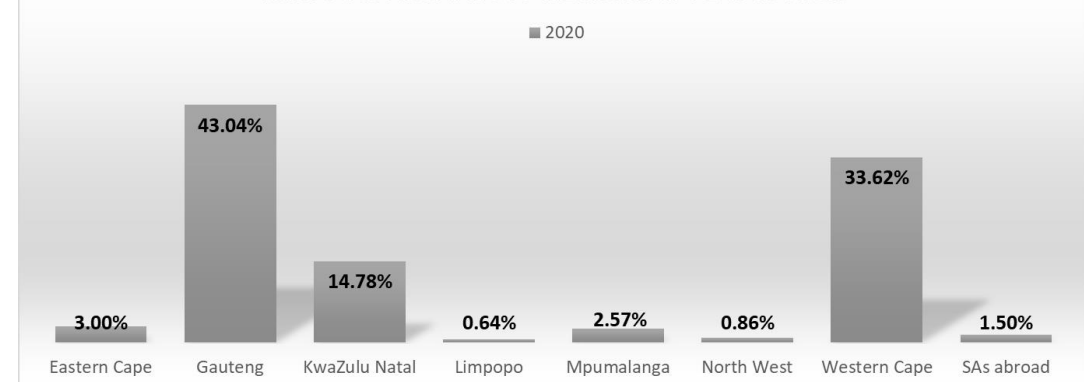
GENDER STATISTICS 2020



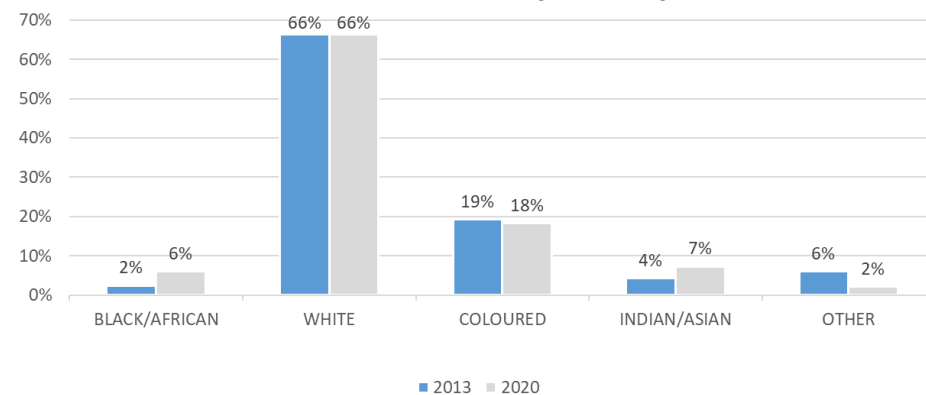
GENDER STATISTICS 2013



NARCOTICS ANONYMOUS MEMBERSHIP PER PROVINCE

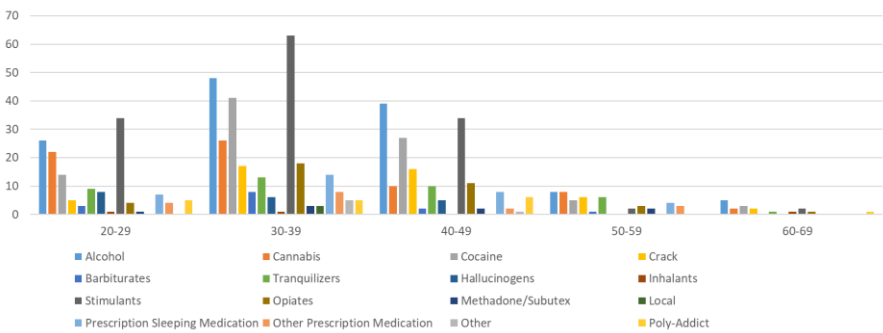


NA MEMBERSHIP BY RACE

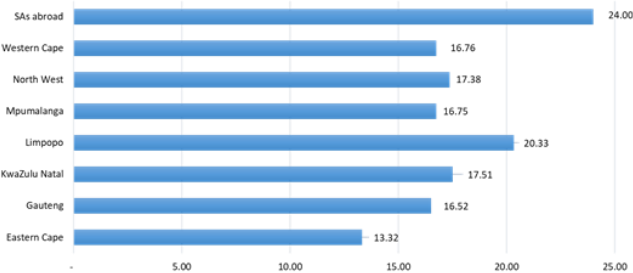


DRUGS OF PROMINENCE BREAKDOWN

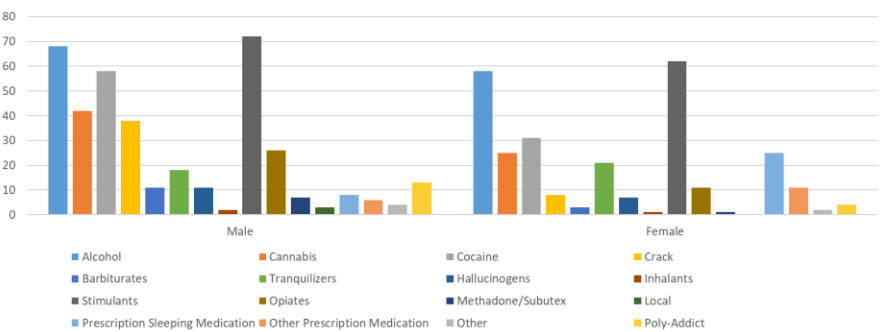
DRUG OF PROMINENCE : BY AGE GROUP



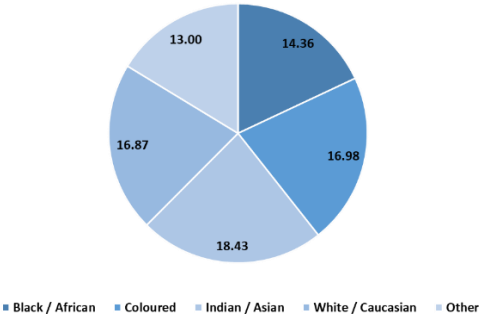
AVERAGE AGE WHEN USING STARTED PER PROVINCE



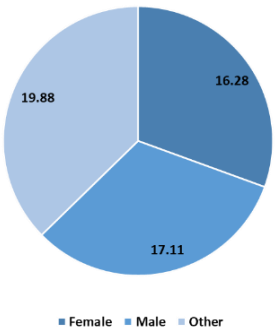
DRUG OF PROMINENCE : GENDER



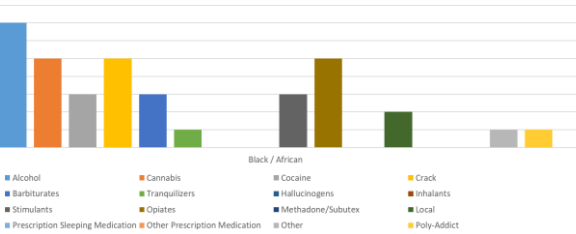
AVERAGE AGE WHEN USING STARTED PER RACE



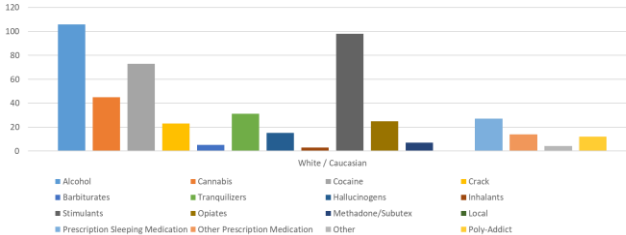
AVERAGE AGE WHEN USING STARTED PER GENDER



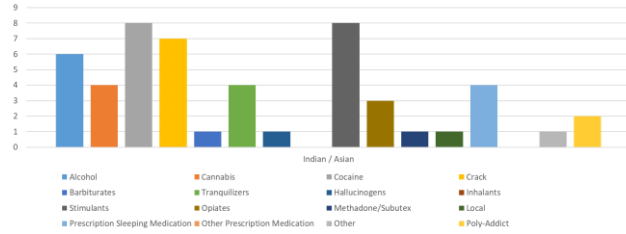
DRUG OF PROMINENCE : BLACK/AFRICAN



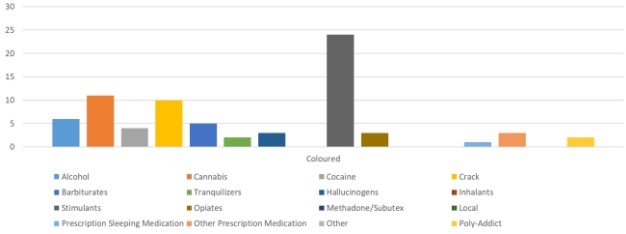
DRUG OF PROMINENCE : WHITE/CAUCASIAN



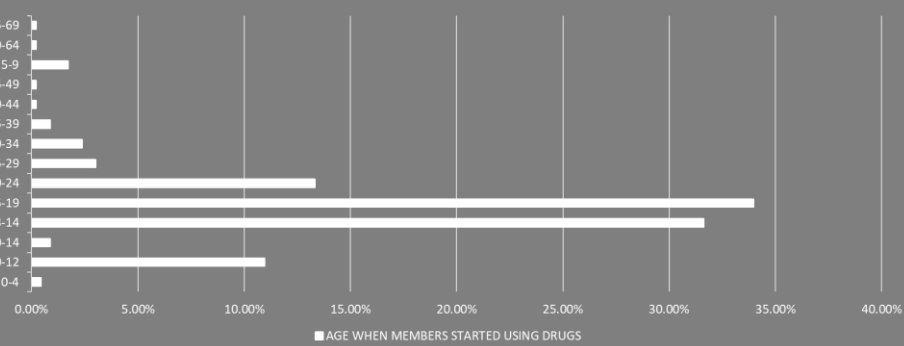
DRUG OF PROMINENCE : INDIAN/ASIAN



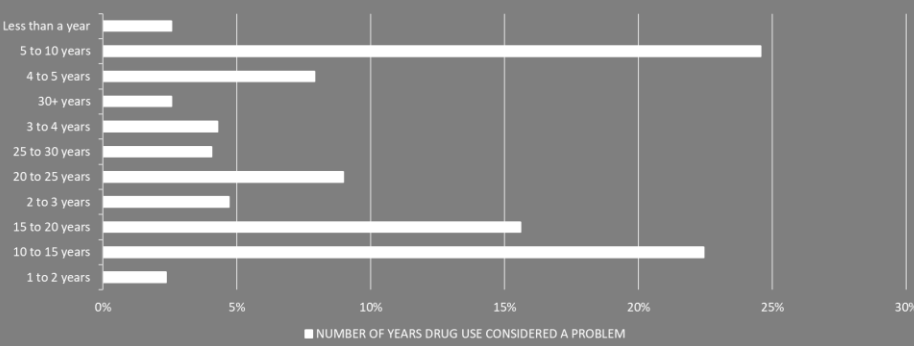
DRUG OF PROMINENCE : COLOURED



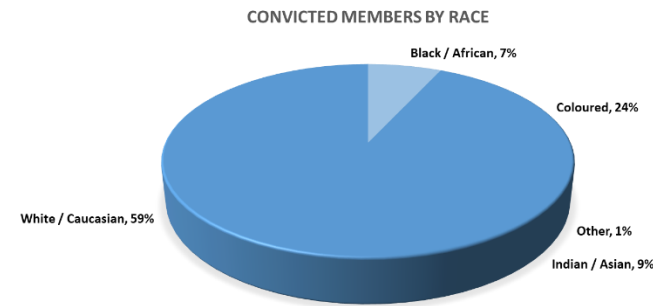
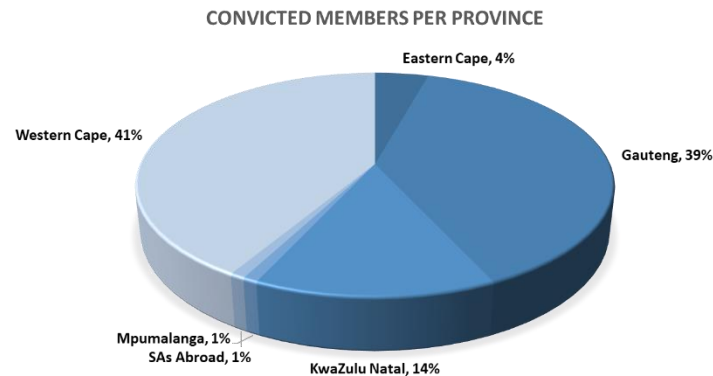
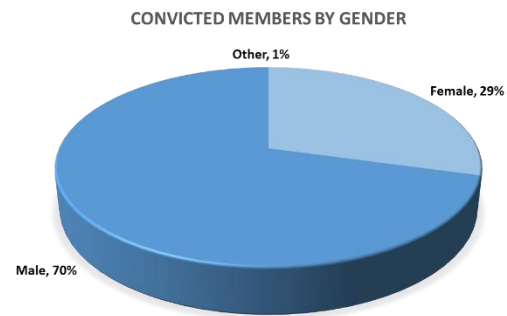
AGE WHEN MEMBERS STARTED USING DRUGS



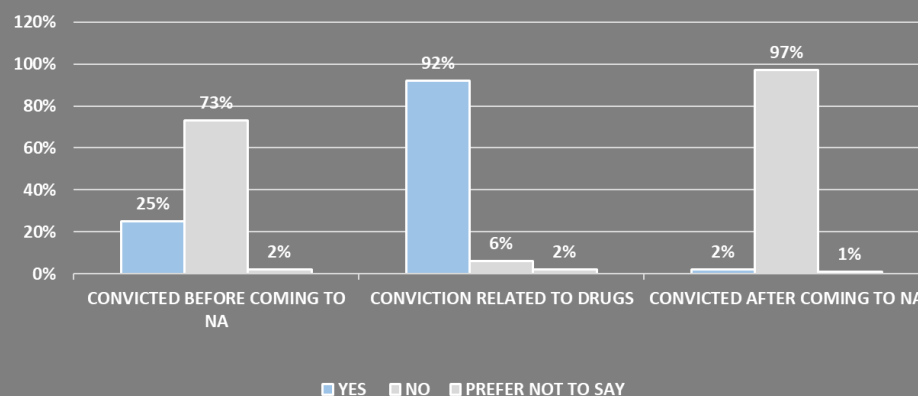
NUMBER OF YEARS DRUG USE CONSIDERED A PROBLEM



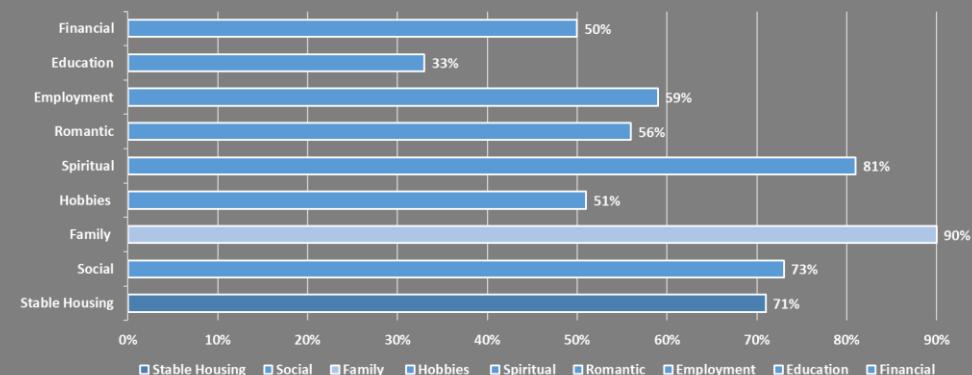
CONVICTION AND RECOVERY STATISTICS



NA MEMBERSHIP CONVICTION STATISTICS RELATING TO DRUGS



CONVICTED MEMBERS LIFESTYLE IMPROVEMENTS WHEN JOINING NA



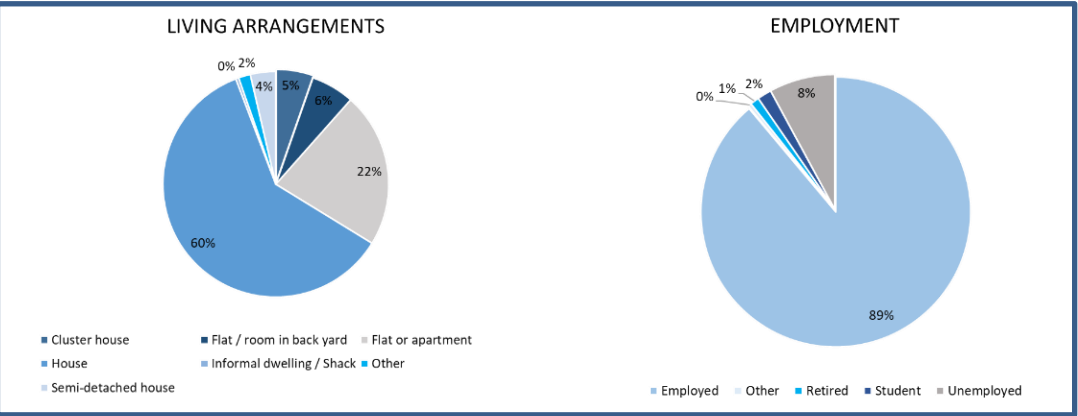
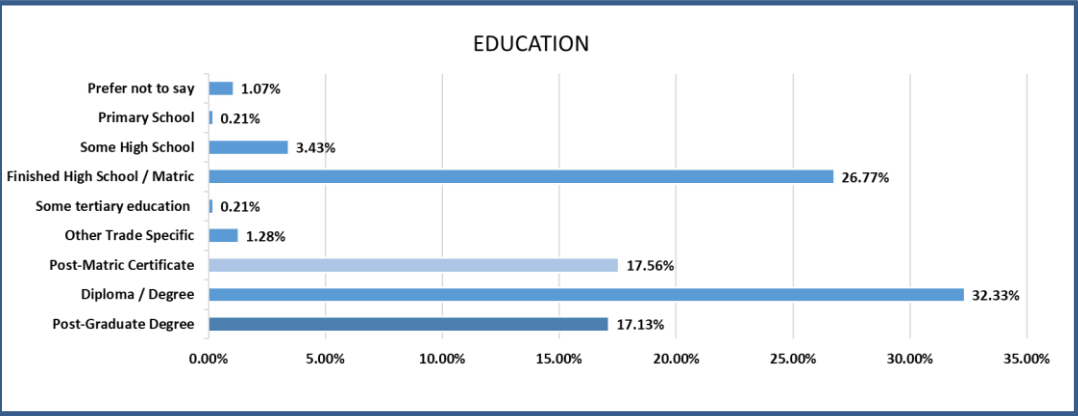
NARCOTICS ANONYMOUS PROVIDE SUPPORT TO HOSPITALS AND INSTITUTIONS

Hospitals and Institutions (H&I) Sub Committees arrange services for facilities whose patients or inmates cannot freely access Narcotics Anonymous meetings. These facilities include those accommodating correctional inmates, medical, psychiatric, rehabilitation and treatment facilities. NA members travel on a weekly or monthly basis to provide meetings at these facilities. There is no charge to this service and all our volunteers are NA members.

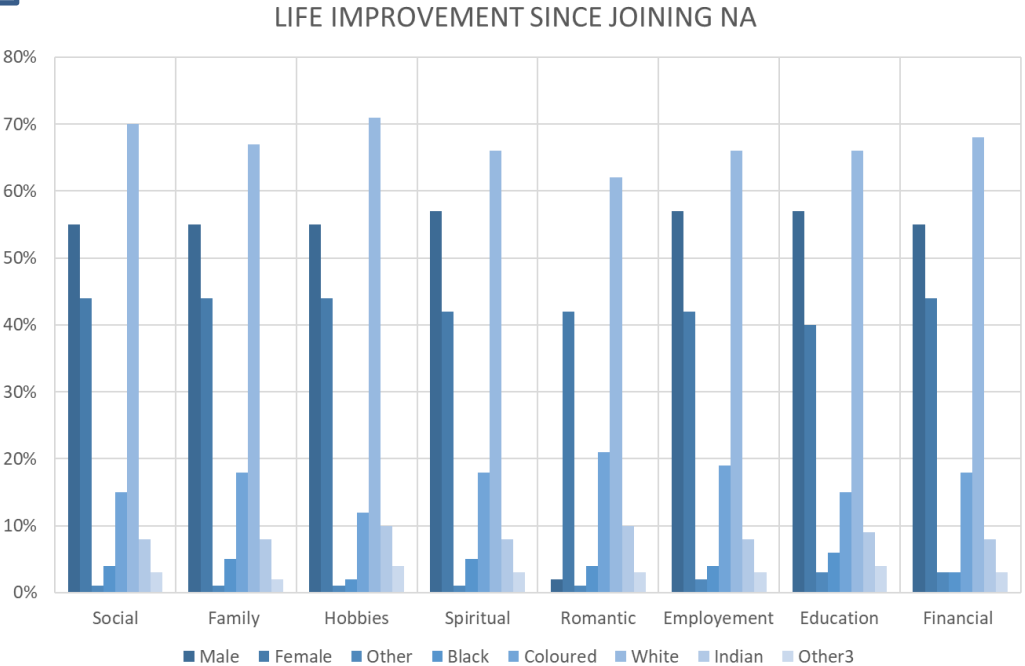
The Hospital and Institutions Sub Committee services facilities across Gauteng, Kwazulu Natal and Western Cape. Facilities include:

- Correctional Service Facilities
- Treatment Centres: Rehabs
- Psychiatric Hospitals
- Juvenile Institutions
- Shelters

LIFESTYLE IMPROVEMENTS OF NA MEMBERS

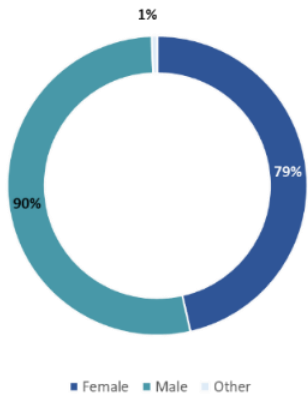


- ## KEY FINDINGS
- **84,6%** of respondents went to rehabilitation
 - Of those, **84,1%** went to NA meetings (whilst in rehab)
 - **63%** of the NA members said their first NA meeting was very import to their start of recovery
 - In 2020 **87,4%** of respondents answered they have a sponsor up from **67,9%** in 2013
 - **41,2%** of respondents sponsor (with an average of **3,5 sponsees**) up from **29%** (2,6 Sponsees) in 2013
 - **47,4%** respondents have completed the **12 steps**
 - **18, 6 %** of respondents do 5 or meetings in a week (up from **10, 1%**)
 - **90,4%** attend at least one meeting a week up from **79,9%** in 2013

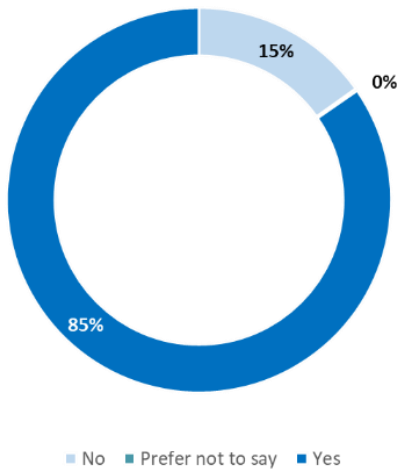


NARCOTICS ANONYMOUS RECOVERY

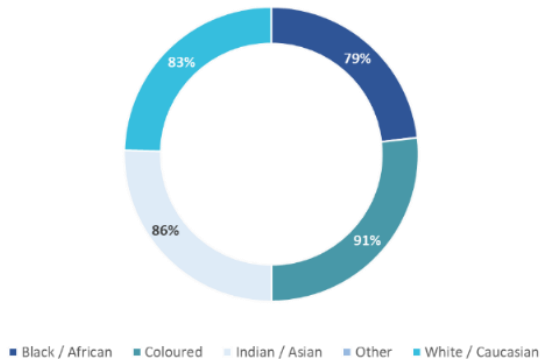
TREATMENT (REHAB) VS NO TREATMENT PER GENDER



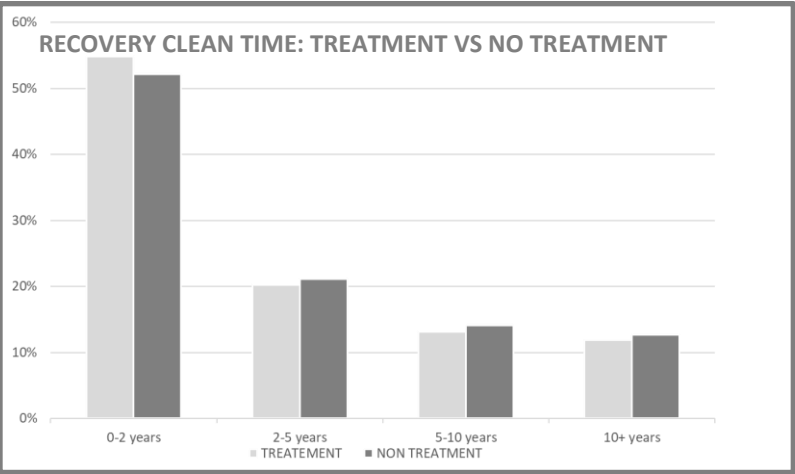
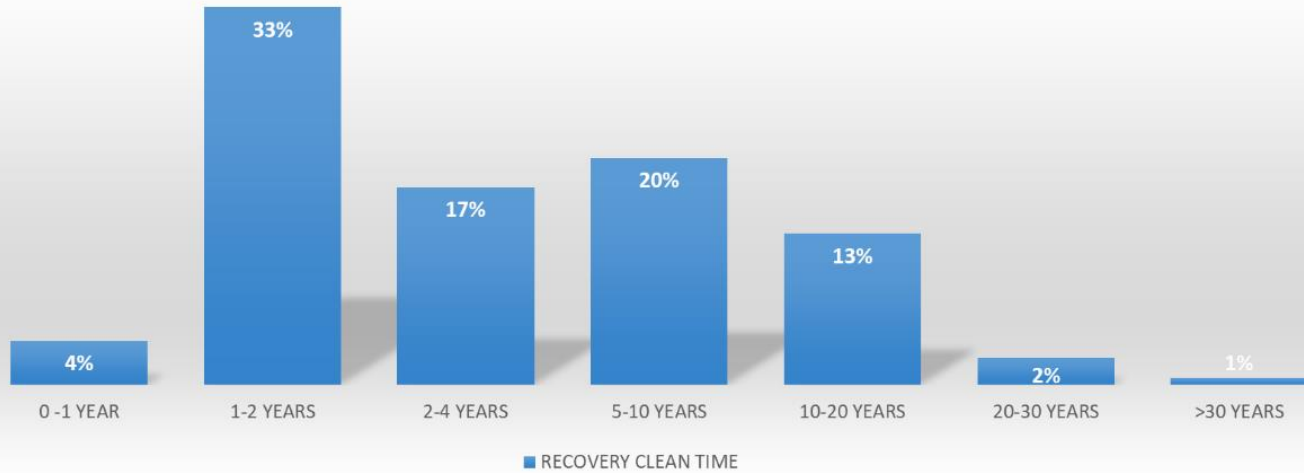
TREATMENT (REHAB) VS NO TREATMENT



TREATMENT (REHAB) VS NO TREATMENT PER RACE

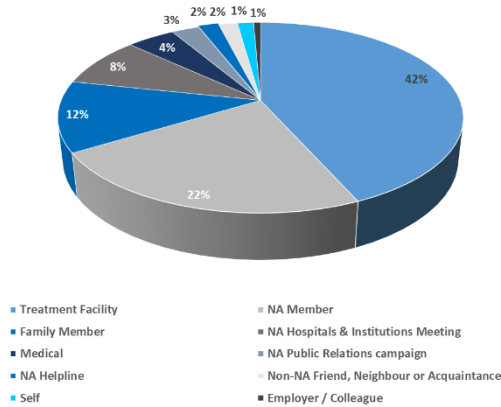


NARCOTICS ANONYMOUS MEMBERS CLEAN TIME



Narcotics Anonymous is not affiliated with other organizations, including other twelve step programs, treatment centers, or correctional facilities. As an organisation, NA does not employ professional counsellors or therapists, nor does it provide residential facilities or clinics. Additionally, the fellowship does not offer vocational, legal, financial, psychiatric, or medical services.

MEMBERS INTRODUCTION TO NARCOTICS ANONYMOUS



HOW OFTEN NA MEMBERS ATTEND MEETINGS

